

# Sport

## Roles and Responsibilities

### Youth Sport Trust

- Manage and lead the development of the programme.
- Provide communication, training and development support to the School Sport Partnership network.
- Ensure that Step into Sport supports the delivery of high quality physical education and the national curriculum.

### Sport England

- Manage and lead the development of the programme.
- Provide communication, training and development support to the County Sports Partnership and National Governing Body network.

### Sports Leaders UK

- Provide Sports Leadership training and qualifications.

### School Sport Partnerships

- Develop a suitable pathway which gives ALL young people the opportunity to enrich, extend and enable Leadership Skills from KS3 – KS5 (11 – 19yrs). Where appropriate this should build upon the growing of Leadership Skills in KS1 and KS2.
- Lead the provision of high quality opportunities for ALL young people to engage in volunteering in a school setting and support the CSP in brokering high quality volunteering opportunities within the community setting.
- Lead the provision and development of regular high quality support for Step IN School-based and Step OUT Community-based volunteers through the provision of Leadership Academies.
- Ensure that the young people engaged in Leadership and Volunteering are reflective of the diversity of their SSP.

### Community Sports Partnerships

- Utilise the existing CSP workforce development programmes to support Step OUT Community Volunteers onto pathways into specific volunteering roles, careers and lifelong participation in volunteering.
- Lead the provision and development of high quality opportunities for ALL Step OUT Community Volunteers to volunteer in community-based settings.
- Support the development and provision of Leadership Academies through effective communication with the LA co-ordinators.
- Ensure that the young people engaged in Leadership and Volunteering are reflective of the diversity of their CSP.

### National Governing Bodies of Sport

- Develop a framework of accessible awards and qualifications, that are aligned to the Sports Diploma, which support a young person from Step IN generic leadership skills to Step OUT Sports Specific roles.
- Support the CSP to develop and provide high quality opportunities for young people to volunteer in community-based settings and develop a community pathway into SiS.
- Support young people undertaking volunteering roles within the community clubs via the development of a NGB SiS pathway and workforce camps.
- Support the infrastructure of community clubs and young people involved in SiS.
- Ensure that the young people engaged in Leadership and Volunteering are reflective of the diversity of the population.

## NGB Case Study

The Football Association (The FA) Step into Sport programme enables The FA to enthuse, retain and develop young people regardless of their background, gender or level of ability. The programme plays a vital role in developing the FA volunteer workforce within the game by creating an effective pathway for young leaders. Over 12,000 leaders are trained annually as FA Junior Football Organisers by the schools and The County FA's then work with the School Sport Partnerships and County Sport Partnerships to deploy over 1,000 leaders, both male and female into our network of accredited clubs. The success of the programme means The FA now are able to offer one day Regional Camps as well as a week long National Camp for the most talented football leaders in the country. The National Camp provides 100 young leaders with the chance to both develop new skills as well as meet lifelong friends. Four young leaders are selected to represent The FA as Young Leadership ambassadors in Africa and create memories that will last forever.

*"Step into Sport is a fantastic programme that has galvanised the development of our future coaches, referees and administrators and has showcased the number of talented young people there are in England".*

Donna McIvor (National Football Development Manager (Education))

## CSP Case Study

Step into Sport is a key programme to the County Sport Partnership on several levels.

First and foremost it engages and develops the young people in our area into positive role models and good citizens. The change that being part of the Step into Sport programme has had on some individuals is vast; they have gone from being shy and quiet teenagers into confident young adults. They are ready to tell everyone about the benefits of sport volunteering and are excellent advocates for the County Sport Partnership with people of all ages.

Secondly by developing our young people and ensuring they are in quality community placements we are able to develop the sporting infrastructure in the county. Club development is fast-tracked to ensure they are of a high standard to support the young volunteers. The extra manpower the young people bring to the clubs allow them to expand and provide more opportunities to participate as well as creating a younger more sustainable volunteer workforce. Training opportunities for the young people, their mentors and volunteer co-ordinators also improves the knowledge base and professionalism of the clubs as well as the volunteer workforce building and gaining vast amounts of experience.

Finally, and quite crucial is the partnership working this programme engenders; to make it successful cohesion and communication is required between the county Sports Partnership, the School Sport Partnership, The Local Authority Sport Development Units and the National Governing Bodies of Sport. This programme reinforces the Single Delivery System and the County Sport Partnership role as central at a local level and also raising participation levels in sport throughout the Country.

*Sports Volunteering North West & GreaterSport CSP*

# Step into



Step into Sport is part of the Governments PE and Sport Strategy for Young People. Both the Youth Sport Trust and Sport England, with the support of Sports Leaders UK, manage the programme on behalf of the Department for Culture, Media and Sport and the Department for Children, Schools and Families.

Step into Sport targets 11 - 19 year olds by providing a simple framework of co-ordinated opportunities at a local level, to enable young people to begin and sustain an involvement in leadership and volunteering in sport.

The principles of Step into Sport are to develop leadership through sport and leadership in sport with the overall aims of the programme being to drive;

- 'personal change' in young people by supporting the development of inter-personal skills, self-confidence and a sense of responsibility and
- 'structural change' through our work with key agencies to offer broader opportunities for young people to make a formal and valued contribution to the delivery of sport.

The impact that volunteers have on sport should never be underestimated; I have competed in many major events including the Paralympic Games, all of which were supported by an army of passionate volunteers. It is anticipated that the London 2012 Olympic and Paralympic Games will need 70,000 volunteers but it is not only major events that need this level of support, volunteers are the backbone of all levels of sport in our country.

It is encouraging to see so many young people being supported to develop upon their leadership skills and contributing to their communities through the Step into Sport programme.

Being able to lead, inspire and motivate other young people by helping them learn and experience new skills are just some of the things that are possible through leading and volunteering. It is such a worthwhile contribution to make; not only are you able to put something back into the community, volunteering also helps to improve your own skills and develop as an individual.

So whether you are involved in Step into Sport as a volunteer, as a school mentor or as a volunteer co-ordinator in a community club, I would like to thank each and everyone of you for the contribution you are making to sport and wish you every success on your journey.

Marc Woods, Paralympic Champion and Leadership and Volunteering Ambassador

## Contacts

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www.sportsleaders.org

### Department for Culture, Media & Sport

2-4 Cockspur Street  
London  
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www.culture.gov.uk

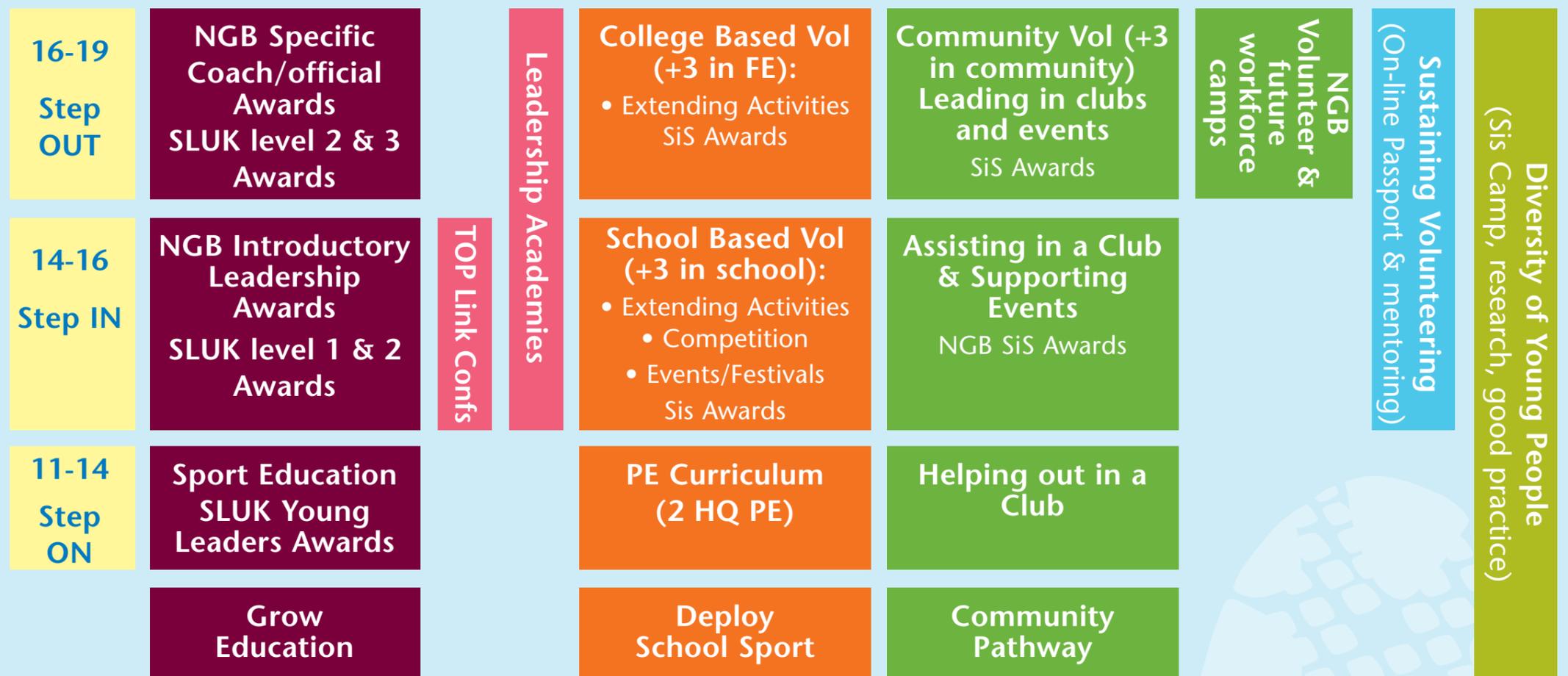
### Sport England

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www.sportengland.org



# Step into Sport Pathway 2008-11

Pathways into careers and lifelong volunteering as a:  
Coach, Official, Event Volunteer, Team Manager, Sports Admin, IT and Media



## Step On - Sport Education

Sport Education is a student-centred curriculum model, within which students learn to plan, manage and run their own sports 'season' as part of their physical education programme. This is achieved by creating a student centred learning environment where the teacher's role is one of facilitator rather than director of activity and students adopt the role of coach, leader, official, administrator and manager as well as player/performer. By taking on these roles, pupils are given the chance to experience being a leader and an opportunity to grow their leadership skills.

*"It's about providing more guidance for the students and less didactic teaching. Giving the students the tools to move forward and be responsible for their own development so that the students are thinking more for themselves"* (Director of Sport)

*"We are giving the pupils more ownership of their own learning. They have to make choices themselves and take on different roles within their PE lesson."* (SSCO)

## Step In - TOP Link

TOP Link focuses on how schools can utilise Key Stage 4 (14 - 16yrs) young leaders in school-based volunteering; giving the young people the chance to take the first step in to Active Volunteering. The young people will be supported with information and knowledge on how they can engage in areas of school sport including inter-school competition, extending activities such as Multi-skill Clubs and TOP Activity and of course how to plan, manage and deliver festivals of sport and dance.

*"It has made me learn more about how to work in a group and co-operate with people I have not met before"*  
Year 10 pupil

## Step Out - Community Volunteering

Since the onset of Step into Sport more than 16,000 young people have participated in Community Volunteering and given over 1,600,000 hours to community sport.

This aspect of Step into Sport is based on the movement of young people from school-based volunteering to community-based through the provision of volunteer placements in high quality community clubs. Young people are supported by their school mentor and County Sports Partnerships to source a community placement in which they can volunteer. Young people take on a variety of roles from coaching and officiating through to web-design and administration.

*"I really enjoyed working with children and that's what I'm doing now as a career. It showed me just how diverse children were and I really enjoyed it, especially working with the disabled children. It was amazing and is something that I would like to get into in my teaching"*  
Community Volunteer

I think it is very important for young people to see and have young people as role models. I hope that the work I do makes me a role model for other young people. I am to be a role model so that more and more young people will get involved with volunteering and leadership and change other young people's lives forever'.

(Young Volunteer, Aged 17)

## Leadership Academies

Leadership Academies provide localised support for young leaders within School Sport Partnerships. Managed by the School Sport Partnership, a leadership Academy may take on a variety of forms but the outcomes remain the same;

- Provide mentoring support to young leaders on a group and individual basis.
- Signpost young leaders on to appropriate qualifications and awards.
- Provide the opportunity for young leaders to learn from their peers.
- Support young leaders to source appropriate placements and volunteering experiences.

## Step into Sport On-Line Volunteer Passport (SiS VP)

The SiS Volunteer Passport is the online portfolio for the Step IN - TOP Link and Step OUT Community Volunteering Programmes involved in Step into Sport. The system allows every young volunteer to log and manage their volunteering on-line whilst allowing organisations who are involved in the programme the opportunity to monitor and track the young volunteers that they are working with.

Access to the site is via the Youth Sport Trust website at [www.youthsporttrust.org](http://www.youthsporttrust.org); just click on the SiS VP tab to access the on-line tutorial video's that will help you to get started.

## Sports Leaders UK

Sports Leaders UK believes that everyone has the potential to make a meaningful contribution to their local community given the right opportunity and motivation.

The Sports Leaders Awards use the medium of sport to help young people learn essential skills such as working with and organising others, as well as communication and teamwork skills.

*"They love the awards. The type of young people we have got; they love responsibility and they get loads of enjoyment out of it. They'll even be talking about it in the playground when you go past so it's really got them engaged. It engages people who aren't so much into PE because if they have a different role it really engages them into doing it well"*, SSCo

*"I think that more people should learn about and get involved with the Level 2 Award in Community Sports Leadership; it really helps your confidence, organisation and communication"*, Year 12 Pupil.