



About This Ride

This is a tough road ride, taking in a couple of 20% climbs, and several more in excess of 10%. However, the rewards are plenty, not just the exhilarating descents, but the sheer rugged beauty of the route and the personal satisfaction of meeting the challenge.

Pendle Hill is the second highest point in the Forest of Bowland. At 557m (1827 ft) it is not quite a mountain, yet its familiar shape and bulk makes it a Lancashire landmark, and a popular peak to climb. In 1652 George Fox had a religious vision whilst walking on Pendle Hill which led him to found the Quaker movement. The hill is also renowned for its association with the 17th century witches trial.

One of the shorter routes but what it lacks in distance it makes up for in height! A full tour around the fringes of the area's best known and unmistakable landmark: majestically dominant Pendle Hill. Includes one of the most infamous climbs in cycling - the Nick O'Pendle!

Route Description

GPS: SD 8234 4037

Starting from Barley village car park, turn right and right again to ride through the village.

GPS: SD 8161 4277

After leaving the village and climbing up the side of Pendle, turn left at the crossroads (signpost to Downham and Clitheroe).

3 GPS: SD 7860 4413

Descend to Downham and turn left at the bridge. Stay a while to enjoy this picturesque estate village, home to Lord Clitheroe. Leave by following Lancashire Cycleway Route 91, also designated a Quiet Lane, going through Worston village and across the A59. Cross this busy road with care, and use the cycle path and quiet roads running parallel.

4 GPS: SD 7545 4086

Turn left, cross the A59 & carry straight on through Pendleton and up over the Nick of Pendle (303m) towards Sabden.

5 GPS: SD 7817 3709

In Sabden take a left turn (signpost to Padiham).

6 GPS: SD 7873 3677

Turn left at the crossroads (signpost to Barley and Newchurch).

7 GPS: SD 8134 3745

Turn left again in Fence and start the climb up to Newchurch.

8 GPS: SD 8226 3935

In Newchurch village centre turn left and climb steeply over the crest of the hill back to Barley.

Public Transport

Railway stations at Clitheroe and Brierfield, with connections to Blackburn, Preston and Manchester.

P70/71 Mon-Sat runs from Clitheroe to Nelson via Barley, Downham and Newchurch

70/71 runs a circular route on summer sundays from Clitheroe to Nelson and Bumley via Barley, Downham, Newchurch, Sabden and Padiham.

Arriving by car

Barley can be reached via Fence or Barrowford coming from the south (eg. M65), **Blacko** from the east and **Downham** from the north. Large public car-park - donations.



www.lancashire.gov.uk/cycling Tel: 01772 533338