

**Sent:** 15 December 2025 10:19  
**To:** Planning Appeals  
**Subject:** Appeals

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To Enforcement Appeals officer

I am the tenant of unit 16 (bb12 7fs)& owner of Pro Physique 24hr gym, I am writing in regards for the appeal ENFORCE6  
Ref: APP/T2350/C/25/3376742:

**I am appealing on ground F:**

Rather than ceasing trade which i think is excessive, I suggest lesser excessive steps such as:

I am suggesting that I would restrict the numbers of people coming in at any one time. So low numbers of people allowed at one time so That would then reduce the numbers of car parking spaces at one given time, I would introduce online booking system that ensures members/users can not just turn up without an appointment, I would limit the numbers to maximum 5 at any one time, so that would help keep minimal traffic.

I can reduce group sessions to 1-2-1 sessions that would also reduce number of people coming through at one given time. Each session would be 1 hour long with 30 min gaps so that would help reduce traffic also.

I can Also offer off peak time incentives to reduce numbers.

I can offer incentives for anyone that walks to the gym. So this would help reduce the need of parking spaces and traffic.

I can suggest reduced trading hours so this would also help reduce parking spaces.

All of these incentives would reduce the perceived impact significantly yet still allow the business to operate.

I have been running this 24hr business now for nearly 18 months and have had a positive impact on the local community & local businesses.

My neighbouring units walk to my facilities on their lunch hour and I have had positive feedback from local businesses in the area regarding how productive their staff are since they have been using these facilities and also how convenient it is to have a facility like this within the walking distance to them.

We have built a community in the time we have been operating which has had a huge positive impact. Everything from supporting individuals mental health to tackling loneliness as coming to us is the only means of socialising for some of our members.

Operating on 24hr basis massively reduces numbers at peak times so it's never busy at one given time. So I would please urge to not dismiss this.

**I am also appealing on ground G:**

The timeframe to cease the use within four months is excessive in so much as the length of time to try and locate a unit of adequate size, cost and fit for purpose for the business, within a town centre would take considerably longer than the four months if indeed such a unit exists within a town centre, which is highly unlikely, in addition to the instant loss of clients if relocating several miles from the current location which would have a detrimental effect on the business model and i just wouldn't be able to financially afford this. In addition, if inspector is minded to find in favour of the council I would respectfully request a time frame of twelve months from the determination of the appeal is granted.

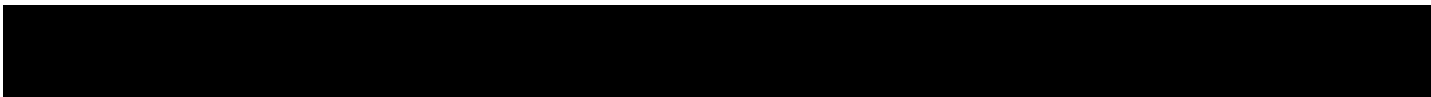
The loss of employment and the effect that would have is unimaginable.

The current use as a gym does not cause loss of employment opportunities on the business park as per the planning refusal as I actively employ staff, whose numbers are significantly more than most units on the business park.

I currently employ 7 staff which 6 of them that don't have use of private motor vehicles so that has minimal impact on traffic. Closing this business would lead to unnecessary redundancies which could be avoided by keeping this business operating.

My employees rely on this thriving business so to close this would have a detrimental effect.

This would also directly affect them and their families as they rely on the income from this business. if we had to close/relocate the knock on effect is too huge. The loss of jobs would lead to not being able to pay their rent and would lead to potentially being homeless.



Majority of my members walk/cycle to my facilities so don't use motor vehicles as transport so that reduces traffic also.

We have businesses in the area that successfully operate on 24hrs so please I am asking if you would let me carry on serving my community as there is a lot of people relying on this business.

Thank you

Kind Regards

Ghufran Ali