Change of use from a garage to a clinic

The Holgate Family (Liz, Graham and their 3 sons, Joseph, Charlie and William) moved home from Whalley to Gisburn in August 2018. The family business The Foot & Insole Specialist was previously located in their front room at their home on Mitton Road, it relocated to a clinic at The Fell Triathlon Superstore and is now due to relocate to a clinic built within their existing double Garage. No large structural changes will be made to the building and when the business is closed the electric garage door will slide down and the business will look like a normal garage. The income from the family business is essential for the Holgate family to pay their mortgage and bills.

**Company Name:** The Foot & Insole Specialist Ltd

**Address:** New House, Burnley Road, Middop, BB7 4JN

**Location:** The road leading out of Gisburn towards Blacko. Todber Caravan Park is on the left, pass the signposts for Canine Health & Hydro and Gazegill Organics, pass Little Middop Farm, Stocks Lane is on the left and our house is on the right hand side, if you reach the Moorcock pub you have driven too far.

**Property type:** Detached Property with a detached double garage

**Parking:** Driveway has 4 – 6 parking places, with space to turn around to ensure forward facing entry and exit of the drive on to the main road. Only 1 car would arrive at a time.

**Type of business:** Graham is a Podiatric Biomechanist (Foot Health Practitioner specialising in podiatric biomechanics) and specialises in hand building custom made insoles for footwear. An appointment will take 1 1/2 hours, including a pressure plate analysis followed by the moulding of an insole to the client’s foot. The analysis and heat moulding process is silent, the insole is then re-inforced with a heel stabiliser and ground to fit the footwear, this would be done with a small bench grinder (very low decibels exact figure can be provided). (The workshop is currently used for home improvements).

**No. of clients:** 1 to 4 in a day (maximum 6 on occasion).

**Benefits of the business:** The small family business has built an exceptional reputation and clients travel from across the country for help from Graham to reduce their foot, knee and back pains and help them to stay active, mobile and healthy. Key NHS (NHS Long Term Plan, Jan 2019) and Public Health England strategies are to encourage and empower people to stay active to live a longer and healthier life. Overweight and obesity-related ill-health cost the NHS an estimated £6.1 billion in 2014-2015 (PHE, 2017). Obesity is a gateway to ill health, it has significant consequences for quality of life, disability and morbidity and is associated with a higher risk of developing type 2 diabetes, cancer, cardiovascular diseases, osteoarthritis and a multitude of other health risks. We hope our business does a little bit to help the health of our clients.

Many of our clients spend more money within the Ribble Valley enjoying a day out, walking in the picturesque landscape, eating at the amazing eating establishments and shopping at many independent family retail businesses, some even make a weekend break of it!